

# CAPTAIN MARDEN'S FROZEN DINNER LIST

*Our large dinners contain 2 servings and our small dinners contain 1 serving*

**The following dinners are priced \$ 9.95 for large \$ 5.95 for small**

- Scrod Supreme** Fresh scrod, lobster bisque and cracker crumbs  
**Scrod Pomodoro** Fresh scrod baked in a light tomato sauce  
**Haddock Au Gratin** Fresh haddock in a cheese sauce with cracker crumbs  
**Scrod Parmesan** Fresh scrod layered with mozzarella and parmesan cheese  
**Haddock and Herb Dressing** Fresh haddock covered with herb crumbs and butter

**The following dinners are only in the large serving size**

- Haddock Mornay** Fresh haddock in our own specially blended cheese sauce **\$ 9.95**  
**Haddock w/Lemon&Bacon** Fresh haddock stuffed w/ cracker crumbs, lemon, & bacon **9.95**  
**Crepes de la Mer** Crepes wrapped with lobster,shrimp,crab,scallops white wine sauce **9.95**  
**Asparagus&Sole Rolls** Fresh sole & asparagus, w/cracker crumbs, lobster bisque sauce **10.95**  
**Sole Linden** Fresh sole stuffed with shrimp & wine stuffing in a lobster bisque sauce **10.95**  
**Sole Fantastic** Fresh sole in a creamy dill sauce **10.95**  
**Sole&Stuffing Rolls** Fresh sole stuffed with cracker crumbs in a lobster bisque sauce **12.95**  
**Sole Martinique** Fresh sole, crabmeat, shrimp, almonds in herry wine cream sauce w/crumbs **10.95**  
**Crab & Sole Rolls** Fresh sole stuffed with Maine Crabmeat and cracker crumbs **14.95**  
**New England Manicotti** Fresh scrod with ricotta cheese, spinach in a tomato sauce **9.95**  
**Seafood Newburg** Crab, shrimp, scallops & fresh fish in a newburg sauce ( 8 oz) **7.95**  
**Lobster Newburg** Lobster meat served in a creamy newburg sauce ( 8 oz) **13.95**

## **Other Dinners**

- |   | <b>Large</b>    | <b>Small</b>    |
|---|-----------------|-----------------|
| <b>Crab &amp; Shrimp Medley</b><br>A casserole filled with crab, shrimp, rice, peas, mayonnaise, green peppers & cracker crumbs | <b>\$12.95</b>  | <b>\$ 8.50</b>  |
| <b>Halibut Au Gratin</b><br>Fresh Halibut in a cheese sauce topped with bread crumbs  | <b>\$15.95</b>  | <b>\$ 9.95</b>  |
| <b>Creamed Fin Haddie</b><br>Fresh smoked cod in a homemade cream sauce   | <b>\$ 14.95</b> | <b>\$ 8.95</b>  |
| <b>Baked Scallops</b><br>Fresh sea scallops rolled in bread crumbs topped with mushrooms & butter                               | <b>\$ 16.95</b> | <b>\$ 9.95</b>  |
| <b>Shrimp Scampi</b><br>Shrimp seasoned with butter, garlic, lemon juice & white wine   |                 | <b>\$ 8.00</b>  |
| <b>Captain's Special</b><br>Fresh scrod, crab, mushrooms, peppers in a lobster bisque sauce w/cracker crumbs                    |                 | <b>\$ 6.50</b>  |
| <b>Lobster Mac &amp; Cheese</b><br>Traditional pasta and cheese favorite enhanced with lobster meat                             |                 | <b>\$ 13.95</b> |
| <b>Haddock with Honey bourbon sauce</b><br>Fresh haddock with a honey bourbon glaze and our cracker crumb topping               | <b>\$ 8.95</b>  | <b>5.50</b>     |
| <b>Salmon Onion Blossom</b><br>Fresh farmed salmon with a tangy horseradish sauce and cracker crumbs                            | <b>\$ 8.95</b>  | <b>5.50</b>     |