

CAPTAIN MARDEN'S FROZEN DINNER LIST

Our large dinners contain 2 servings and our small dinners contain 1 serving

The following dinners are priced \$ 8.95 for large \$ 5.50 for small

Scrod Supreme	Fresh scrod, lobster bisque and cracker crumbs
Scrod Pomodoro	Fresh scrod baked in a light tomato sauce
Haddock Au Gratin	Fresh haddock in a cheese sauce with cracker crumbs
Scrod Parmesan	Fresh scrod layered with mozzarella and parmesan cheese
Haddock and Herb Dressing	Fresh haddock covered with herb crumbs and butter

The following dinners are only in the large serving size

Haddock Mornay	Fresh haddock in our own specially blended cheese sauce	\$ 8.95
Haddock w/Lemon&Bacon	Fresh haddock stuffed w/ cracker crumbs, lemon, & bacon	8.95
Crepes de la Mer	Crepes wrapped with lobster,shrimp,crab,scallops white wine sauce	8.95
Asparagus&Sole Rolls	Fresh sole & asparagus, w/cracker crumbs, lobster bisque sauce	9.95
Sole Linden	Fresh sole stuffed with shrimp & wine stuffing in a lobster bisque sauce	9.95
Sole Fantastic	Fresh sole in a creamy dill sauce	9.95
Sole&Stuffing Rolls	Fresh sole stuffed with cracker crumbs in a lobster bisque sauce	12.00
Sole Martinique	Fresh sole, crabmeat, shrimp, almonds in herry wine cream sauce w/crumbs	9.95
Crab & Sole Rolls	Fresh sole stuffed with Maine Crabmeat and cracker crumbs	14.00
New England Manicotti	Fresh scrod with ricotta cheese, spinach in a tomato sauce	8.95
Seafood Newburg	Crab, shrimp, scallops & fresh fish in a newburg sauce (8 oz)	6.95
Lobster Newburg	Lobster meat served in a creamy newburg sauce (8 oz)	13.95

Other Dinners

	Large	Small
Crab & Shrimp Medley	\$10.95	\$ 6.95
A casserole filled with crab, shrimp, rice, peas, mayonnaise, green peppers & cracker crumbs		
Halibut Au Gratin	\$11.95	\$ 6.50
Fresh Halibut in a cheese sauce topped with bread crumbs		
Creamed Fin Haddie	\$ 13.00	\$ 8.00
Fresh smoked cod in a homemade cream sauce		
Baked Scallops	\$ 15.95	\$ 8.50
Fresh sea scallops rolled in bread crumbs topped with mushrooms & butter		
Shrimp Scampi		\$ 8.00
Shrimp seasoned with butter, garlic, lemon juice & white wine		
Captain's Special		\$ 5.95
Fresh scrod, crab, mushrooms, peppers in a lobster bisque sauce w/cracker crumbs		
Lobster Mac & Cheese		\$ 13.95
Traditional pasta and cheese favorite enhanced with lobster meat		
Haddock with Honey bourbon sauce	\$ 8.99	
Fresh haddock with a honey bourbon glaze and our cracker crumb topping		
Salmon Onion Blossom	\$ 8.99	
Fresh farmed salmon with a tangy horseradish sauce and cracker crumbs		